



Sar Pass Trek



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LOCATION

HIMACHAL , INDIA



BEST TIME

APRIL TO JULY



DESTINATION

SAR PASS, KASOL



TAKE A PHOTO

SUNRISE, SUNSET,
SNOW CAPED MOUNTAINS



DIFFICULTY

EASY-MODERATE



HIGHEST ALTITUDE

13,800 FT



NEAREST AIRPORT & RAILWAY

AIRPORT : BHUNTAR
RAILWAY : CHANDIGARH



BASE CAMP

KASOL



DURATION

5 DAYS & 4 NIGHTS



LAST ATM

KULLU



TREK DISTANCE

50 KM





OVERVIEW

THE SAR PASS TREK IS A POPULAR TREKKING ROUTE IN THE PARVATI VALLEY OF THE INDIAN STATE OF HIMACHAL PRADESH. IT TYPICALLY TAKES ABOUT 5-7 DAYS TO COMPLETE, COVERING A DISTANCE OF AROUND 48 KILOMETERS. THE TREK OFFERS BREATHTAKING VIEWS OF SNOW-CAPPED PEAKS, LUSH FORESTS, AND PICTURESQUE MEADOWS. TREKKERS OFTEN ENCOUNTER VARYING TERRAIN, INCLUDING STEEP ASCENTS, NARROW RIDGES, AND SNOWY PATCHES, MAKING IT MODERATELY CHALLENGING. THE ROUTE PASSES THROUGH QUAIN VILLAGES, DENSE PINE FORESTS, AND HIGH-ALTITUDE CAMPSITES. SAR PASS, SITUATED AT AN ALTITUDE OF AROUND 13,800 FEET, IS THE HIGHEST POINT OF THE TREK AND OFFERS PANORAMIC VIEWS OF THE SURROUNDING HIMALAYAN PEAKS. OVERALL, THE SAR PASS TREK IS KNOWN FOR ITS NATURAL BEAUTY, ADVENTURE, AND CULTURAL EXPERIENCES

SHORT ITINERARY



DAY 1

TREK TO GRAHAN VILLAGE
(10 KM / 7,700 FT)



DAY 2

TREK TO MUNG THACH
(10 KM / 11,150 FT)



DAY 3

TREK TO NAGARU
(7 KM / 12,500 FT)



DAY 4

TREK TO THE SUMMIT /
SLIDE TO BISKERI
(7 KM / 13,500 FT)



DAY 5

TREK TO BISKERI THACH TO BARSHAINI
(10 KM / 8.858 FT)



DETAILED ITINERARY

DAY 1

THE TREK TO GRAHAN VILLAGE

It is a relatively easy and scenic trek located in the Parvati Valley of Himachal Pradesh, India. Starting from Kasol, the trail takes trekkers through lush pine forests, meandering streams, and charming meadows, offering stunning views of the Himalayan landscape. Grahan Village itself is a quaint Himalayan hamlet known for its traditional wooden houses and warm hospitality. The trek is suitable for beginners and offers a perfect blend of natural beauty, cultural immersion, and adventure.



DETAILED ITINERARY

DAY 2

THE TREK FROM GRAHAN VILLAGE TO MUNG THACH

It is a captivating journey through the pristine landscapes of the Parvati Valley in Himachal Pradesh, India. Setting out from the picturesque Grahan Village, trekkers traverse dense forests, tranquil streams, and verdant meadows as they ascend towards Mung Thach. The trail offers breathtaking views of the surrounding Himalayan peaks and provides opportunities for encountering diverse flora and fauna along the way. Mung Thach, with its sprawling meadows and panoramic vistas, serves as an ideal camping spot, allowing trekkers to unwind amidst nature's serenity. This trek is a perfect blend of adventure, natural beauty, and tranquility, offering a memorable Himalayan experience.



DETAILED ITINERARY

DAY 3

THE TREK FROM MUNG THACH TO NAGARU

It is an exhilarating journey that takes adventurers further into the heart of the Himalayas in Himachal Pradesh, India. Departing from the serene landscapes of Mung Thach, trekkers ascend through rugged terrain, rocky paths, and alpine meadows towards Nagaru. The trail offers awe-inspiring views of towering mountain peaks and vast valleys below. Nagaru, situated at a higher altitude, provides trekkers with a dramatic setting for camping under the star-studded sky. The trek from Mung Thach to Nagaru is characterized by its challenging yet rewarding nature, offering trekkers a profound sense of accomplishment and a deeper connection with the majestic Himalayan landscape.



DETAILED ITINERARY

DAY 4

THE TREK FROM NAGARU TO THE SUMMIT

It is the final leg of the journey towards conquering the majestic peak in Himachal Pradesh, India. Setting off from Nagaru, trekkers embark on a challenging ascent, navigating steep and rugged terrain, often accompanied by icy patches and loose rocks. As trekkers gain altitude, they are rewarded with breathtaking panoramic views of the surrounding Himalayan peaks and valleys. The trek requires endurance, determination, and careful footing as the air becomes thinner and the temperature drops. Finally, reaching the summit is a momentous achievement, offering trekkers a sense of exhilaration and accomplishment as they stand atop the majestic peak, surrounded by the awe-inspiring beauty of the Himalayas.



DETAILED ITINERARY

DAY 5

THE TREK FROM BISKERI THACH TO BARSHAINI

It is a delightful descent through the mesmerizing landscapes of the Parvati Valley in Himachal Pradesh, India. Starting from the picturesque Biskeri Thach, trekkers gradually descend through lush forests, charming villages, and terraced fields, offering captivating views of the surrounding Himalayan scenery. The trail passes through serene hamlets and alongside gurgling streams, providing ample opportunities to immerse oneself in the natural beauty and local culture of the region. Finally, reaching Barshaini marks the end of the trek, where trekkers can unwind and reflect on their memorable journey amidst the tranquility of the mountains.



**"THE JOURNEY MATTERS MORE THAN
THE DESTINATION."**



**“IF WE WERE MEANT TO STAY IN ONE PLACE,
WE’D HAVE ROOTS INSTEAD OF FEET.”**

— RACHEL WOLCHIN



DETAILED ITINERARY

In winters, you might find yourself in knee-deep snow. As the sun rises, you'll see a dramatic show of colors, which is absolutely spellbinding. The summit offers a majestic 360-degree view of the mountains, which will leave you speechless. The most prominent peaks from the top are Swargarohini, Black Peak, and Bandarpooch peaks. One can also spot Gangotri, Yamunotri, Har-ki-dun, and Rupin mountain ranges from the top. As the Himalayas continue to brighten the sky in the backdrop, it is a great opportunity to click some memorable photographs.

Note: A word of caution for the first kilometer of descent since it is as steep as it was for the ascent.

During winters, you will also get the opportunity to glissade during the descent on the snow slope. You can stop at the small shacks for refreshments and make your way back to the base camp for a warm meal.

We will head to the Hargaon campsite from here after lunch, which takes about an hour and a half from the Kedarkantha base camp. Dinner and Overnight stay at the campsite.

INCLUSIONS

- 1. Accommodation – Stay at a guest house/ homestay/ swiss tents/ dome tents during the trek as per the sharing pattern/occupancy opted.**
- 2. Meals – All meals from your arrival to departure from the base camp are included (Morning Tea, Breakfast, Lunch, Hi-Tea with Snacks, and Dinner). We provide simple, nutritious yet tasty vegetarian meals on all days of the trek.**
- 3. Permit/Charges – Cost of all trekking permits, forest & camping charges are included. Charges of the porters, helpers, mules, trekking leaders, and guides are included.**
- 4. Trekking equipment – High-quality tents, sleeping bags, ice axes, ropes, microspikes, gaiters, etc. as required are provided.**
- 5. Safety equipment – First aid medical kits, oxygen cylinders, etc. will be available at all campsites to deal with emergencies.**

6. Porters, Mules, and helpers shall accompany us during the trek to carry the common load such as gas cylinders, tents, sleeping bags, toilet tents, etc.

EXCLUSIONS

1. Anything not specified in the Inclusions section

2. Additional Meals unless specified

3. Transport unless specified

4. Air Fare / Train/ Bus Tickets

5. Travel Insurance

6. Additional expenditure and Extra Services if taken

7. Any expense incurred or loss caused by reasons beyond our control such as bad weather, natural calamities(landslides, floods), flight delays /rescheduling/cancellations, any accidents/ medical evacuations, riots/strikes/war/pandemic, etc.

8. GST(Goods & Service Tax) at the rate of 5%.

FITNESS/ DIFFICULTY

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

Cancellation Policy

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavor to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below –

Cancellations prior to 30 days from the start of the event: **Get a monetary refund with 15% of cancellation charges.**

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

Booking amount is not refundable

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, The Himalayan Daredevils not be held responsible for the cost of delay or changes.

CONTACT US



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